Tips on How to be a Great Peer Mentor

- Be available for your protégé – in person, via email, Facebook, phone, and/or text.

- Don’t wait for your protégé to contact you or ask you for advice first. Be proactive and offer support so your protégé can effectively address academic, professional, and personal needs and challenges – before they become a big issue.

- Develop and use good communication skills – work on your abilities to actively listen, understand, and question.

- Understand the importance of writing down and setting SMART Goals with your protégé – Specific, Measurable, Attainable, Realistic, and Timely goals.

- Be approachable, flexible, and open-minded.

- Be aware of your resources – look for assistance when necessary (DPE, Advising, Gannett, etc.). You are not expected to have all of the answers!

- Be a positive team member – CU EMPower is as much about group mentoring as it is about individual mentoring.

- Be respectful – demonstrate self-respect as well as respect for others.

- Take responsibility for fulfilling your commitments to yourself as well as to your protégé and the CU EMPower Family

- Provide CU EMPower with feedback about your experience as a peer mentor – complete your evaluation forms!


- And most importantly, have fun!